Pathways Transition Programs, Inc. serves children and their families in 20+ north-central Georgia counties.

LOCATIONS

DECATURE
(MAIN OFFICE)
120 East Trinity Place
Decatur, Georgia 30030

WATKINSVILLE
1551 Jennings Mill Road
Suite 1700 B
Watkinsville, Georgia 30677

LAWRENCEVILLE
2090 Sugarloaf Parkway
Suite 115
Lawrenceville, Georgia 30045

Most Insurance Accepted

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KALEIDOSCOPE MODEL™ OF THERAPY

The best description of the Pathways Transition Programs approach to therapy is a kaleidoscope analogy. When you look into the tube of a kaleidoscope, it has a definite pattern, and if you stay frozen, never move, it seems to be the only pattern possible.

But a little movement and voilà! — everything looks different! The pieces are the same, but all of a sudden, they shift to form something new.

~ SUNAINA RAO JAIN, PHD
FOUNDER/CEO
PATHWAYS TRANSITION PROGRAMS

SHIFTING PERSPECTIVE

Our Mission

• Viewing children’s behavior and emotional difficulties as their efforts to meet their fundamental need for connection and mastery
• Helping parents and educators understand children’s psychological needs and to correct problematic behaviors in non-shaming and self-regulation-promoting ways
• Training clinicians to be sensitive to the damaging impact of adverse childhood experiences and utilize the strengths and resources of children and their families to promote lasting change

www.pathwaystp.com
404.378.2300
info@pathwaystp.com
PROTECTING CHILDREN, STRENGTHENING FAMILIES

Change is difficult, especially when life experiences have narrowed the range of options one believes they have.

The Kaleidoscope Model® helps clients refresh their life story in terms that are empowering.

When parents can see new possibilities, they can further develop the skills needed to regulate their own lives and teach their children.

The techniques we use to empower families come from a variety of sources, because what each person needs is different, and there is no one-size-fits-all approach.

The process of arriving at this clarified understanding is what makes the Pathways Transition Programs approach unique.

CLIENTS & REFERRALS

Our clients represent the variety and richness of our community and our referrals come from many sources —

• Parents seeking assistance and guidance with their children and family challenges
• Courts and child protective services seeking assistance to interrupt inter-generational cycles of family stress and conflict
• Adoption and foster care agencies as well as refugee resettlement agencies seeking assistance for “transplanted” children and families in their new environment
• Adults seeking to find balance in their lives and build resilience for meeting life's challenges

WE HAVE A PROGRAM FOR YOU

COUNSELING & PSYCHOTHERAPY

Counseling services are offered both in the home and in office-based settings for children and their families, adults, and groups by our licensed counselors. We make every effort to understand and address the unique needs within which each client lives and operates. Counseling helps clients understand their world and their options for dealing with recurring patterns of distress.

GROUP COUNSELING

Group counseling is a unique experience that builds interpersonal skills, communication, and trust while learning to monitor and manage our equilibrium with the demands of our life stage and respect for social expectations. In a group setting, we address the many issues of autonomy that children can find challenging – impulse control, social skills, peer relationships, and more.

INTENSIVE FAMILY-BASED THERAPY (IF)

The intensive family-based therapy program is especially designed for children and their families who are experiencing ongoing and crisis situations. This service is conducted in the home and intended to strengthen and stabilize the family system and home environment while preventing potential out of home placements such as hospitalization. Intensive Family-Based Therapy also helps children who are re-entering the home environment from a higher level of care.

BEHAVIORAL AIDE SERVICES

Our bachelor degree geriatric behavioral aides teach children self-regulation skills that promote resiliency, maturation, and self-awareness as their life unfolds.

Behavioral Aides also empower adults and family members to take charge of their future by giving them tools to advocate for themselves and to become proactive in solving problems.

SCHOOL BASED SUPPORT

Pathways Transition Programs has a strong relationship with many areas schools where we work in collaboration with teachers and parents. We believe children’s behavior that are challenging in a classroom actually reflect deficits in self-regulation. Shame and punishment-based approaches compound the problem and make change more difficult. Our intervention focus on enhancing self-management skills while addressing the classroom problem.

PSYCHIATRIC SERVICES

Board certified child psychiatrists provide consultation and medication management for children, adolescents, and adults. All physicians and nurses work in close collaboration with our clinical counseling staff.

DIAGNOSTIC & ASSESSMENT SERVICES

We offer comprehensive behavioral health assessments for children and adults that offer both a formal diagnostic and an understanding of the individual’s strengths and needs as they confront life challenges. Additional evaluations are offered on parenting beliefs, domestic violence, and substance abuse.

DFCS & DJJ STATE CONTRACTED PROVIDER

Pathways Transition Programs is a Department of Children and Families Wraparound Service Provider. These services include Maximum, Behavioral Aide, Early Intervention, Prevention of Unnecessary Placement, and Comprehensive Child and Family Assessment.

Pathways Transition Programs is also an approved Department of Juvenile Justice, (DJJ) and Wraparound Service, Expenditure Service, and The Seven Challenges Program.

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THE VILLAGE AT PATHWAYS

Training and Consultation

Village at Pathways is the program development and training arm of Pathways Transition Programs. We offer CEU training and consultation to organizations and individuals that work with children and families. Workshops and gatherings are available for parents and caregivers looking to create a healthy balance between structure and nurture, the twin pillars of good parenting.

Programs and workshops include The Kaleidoscope Model®, Growing Children™, Three Lens of Assessment & Treatment Planning™, Stress Management & Stabilization, Effective Clinical Documentation, ADHD & Executive Function, and more.

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Growing Children™ Parenting From Seed to Full Bloom, is an innovative, child-centered parenting program. It is designed to help adults understand how growth and motivation unfold in stages, what lessons must be mastered at each developmental stage, and how to limit obstacles that can interfere and suspend healthy development.